

Steps for Deliverance

(Manual for Deliverance)

1) We have person needing deliverance complete an application and release form:

If there was not time for the person getting deliverance to complete a long form application, then a one page short form is completed at check-in before meeting with deliverance workers. Just before meeting the person to be delivered, the deliverance workers go through the application, write down a few notes about what spirits (i.e. fear, anger, lust) they may need deliverance from, also noting any areas where there may need to be forgiveness, praying for direction from Holy Spirit.

2) Welcome with love, then summarize process:

Help put the person getting delivered to feel at ease by giving them a warm welcome. Remember our approach is love and respect to the person getting delivered. Then explain the basic process to them.

- Let them know we start with a salvation prayer
- We will be having them renounce things. Some of the renouncing may not seem to apply to them but let the person know that we are also addressing generational curses.
- Let them know we want whatever is there to manifest or rise to the surface. This is a safe place and there is a great chance of getting free if you let it manifest. It can be a feeling like anger, a memory, a voice, tightness, pressure, pain, something moving, etc.
- Let them know that when spirits come out that some people have dramatic experiences such as a scream, but others can have very little manifestations such as the relief of pressure in their chest. Spirits can come out in a variety of ways such as: burping, pressure that leaves, coughing, vomiting, yawning, a scream, a vision, a feeling, etc.
- Let them know that we may get a bit assertive at times, but this is directed at any spirit that might be there. We love you and it's not directed at you.
- Let them know that we want feedback. For example during renouncing, if the person getting delivered hears, sees, feels something, to let you know. It could help you discern what spirit you are dealing with.

3) Let the person know we always start off with a salvation prayer:

We only do deliverance on people who are Born Again Believers. Even though people say they are born again on the application, we've found that to be questionable for some people. If you find this to be the case, simply explain the Gospel (in about a minute), then let them know you are going to lead them in a prayer to accept Jesus. Also, for those who are clearly believers we explain that repeating the salvation prayer is reminding any spirit within the sound of their voice that Jesus has broken the legal right for them to torment or harass them. Here is a suggestive prayer to use: *"Jesus, I love You. Thank You for dying on the cross for me. Thank You for rising from the dead. I repent of all sin. I receive Your forgiveness, and I reject any spirits that opposes You. I break agreement, soul tie with, and any affiliation with spirits that oppose You Jesus, and I command them out of my life, in Your Name Jesus."*

4) Begin with a prayer:

After the salvation prayer, start with a simple prayer inviting Holy Spirit and the love of Jesus into your deliverance session.

5) Break the legal right: (Repent, Forgive, Renounce)

(Can use the "General Curse Breaking Prayers" sheet. Let Holy Spirit lead you)

Break the legal right of unclean spirits by having the person Repent, Forgive, and Renounce. Have them repent on behalf of themselves and ancestors' (to break current and generational curses), and to renounce for themselves and future generations.

- If there is sin: have them repent (i.e. use of pornography).
- If there is un-forgiveness: have them forgive (i.e. abuser for opening door to fear)
- Then for themselves and future generations have them renounce, break agreement with, break ties with the spirit being cast out. "I renounce sickness, I renounce lust, divorce, fear, addiction, witchcraft, hate, etc. These demons must leave me now".

6) Cast the demon out:

Let the person know it's time for you to pray over them.

- Command the demons to leave. Put pressure on them. Repeat your commands and phrases. Attempt to get them to manifest, to come up.
- Some suggested phrases you can use and repeat: "We know you are there" (pressure). "This is not your home, I speak the blood of Jesus, Come out in the name of Jesus, Fire of the Holy Spirit on you until you come out, come up, come up, loose and go, find your exit and go, come out of the mouth, up and out, etc."
- If it starts to manifest, keep putting pressure on it. Otherwise ask, "are you hearing, feeling, seeing, sensing anything?" This info can help you know what you are dealing with.
- If the spirit is manifesting but not coming out, ask "why are you not leaving" or "what is your legal right"? Also ask the Holy Spirit for discernment. When you find out, break the legal right (like un-forgiveness), then cast it out.
- Another reason a spirit may not have come out yet is that it is holding on, waiting for you to give up. If the person wants it out, the legal right has been broken, then persistence will make the difference. Some spirits are more stubborn than others.

7) Double check:

After you have finished casting out the spirits you were led to go after, go back and check again. They are good at hiding. For example if they were dealing with fear, call out their name (spirit of fear, I command you to leave now). If the person again manifests, hears, sees, feels something, go after what might be still there. Ask Holy Spirit if any demons are left. Watch for body language (twitching, shaking, growling). Look in the eyes to see if you can detect anything else.

8) Fill with Holy Spirit and Joy of the Lord:

We want the person now leaving to feel the Joy of the Lord at the end of their deliverance. Pray for the Holy Spirit to fill every area vacated by any spirits that were kicked out and that every door to them be closed.

9) Cleansing prayer:

After the person has left your deliverance station, pray a cleansing prayer. We usually say something like, "every spirit that has come off this person cannot come back to them, nor can it attached to us. There shall be no repercussions in the spirit realm against us, our friends, families or associates in Jesus name!"

Other important points:

One person leads at a time

Each deliverance team will have two deliverance workers, and possibly one other person to be an intercessor/note taker. Each of the two deliverance workers takes turns leading. There will be one person on the team "in charge". The person in charge is typically the most experienced person who can intervene during the deliverance to help keep it things on track if necessary. The person in charge is not to control and do all of the deliverance. Take turns. After one person has gone after say "fear", it's the other person's turn to go after say, "witchcraft". Ask the person getting delivered how they are doing in between switching leads.

Be led by the Holy Spirit:

Allow Holy Spirit to help lead you. Practice connecting with God and what He might be saying or showing you. Deliverance for believers is God's will. The Holy Spirit is there and wants to help you succeed.

Demonstrate love

Be respectful to the person getting deliverance. We are assertive with driving unclean spirits out but we want the person getting delivered to feel the love of Jesus and His compassion for them. We sometimes joke that we want the person to feel love and be set free, not feeling like they need deliverance from our deliverance. There is no need for yelling (use your authority in Christ), and of course absolutely no hitting, kicking or physical violence to the person needing freedom.

How you come prepared makes a difference

Jesus said that this kind cannot come out except by prayer and fasting (Mat 17:21). Fasting and praying before doing a deliverance does often make a difference in how easily and quickly unclean spirits will manifest up and out of a person. We encourage the person getting the deliverance and the person doing the deliverance to do some fasting before the event if possible. What and how much a person can fast is up to them. We do recommend eating just before the fast to give you strength during the process.

Limit socializing

Sometimes the person getting delivered wants to talk a lot. We've found this can be a spirit trying to stall or distract. Use discernment on allowing the person to talk and explain. Gently let the person know "we need to get back on track now" or something similar, when necessary.

Stay with deliverance (brief inner healing OK)

This is not a counseling session nor should we be giving life changing advice. Stick with deliverance. You can use brief inner healing techniques (such as Sozo tools) if needed to help with healing during the deliverance session, but then be sure to kick any unclean spirits out associated with the pain, lie believed or past event.

Where do we send the spirits being cast out?

We suggest sending them to the abyss. Why, cause they begged Jesus not to send them there so it's probably a good place for them to go to be taken out of commission (Luke 8:31). The Bible also says it's where satan will be held for 1000 years (Rev 20).

We only do deliverance on Believers:

In Mat 15 we hear Jesus indicate that deliverance is the "children's bread". We become a child of God when we give our life to Jesus (John 1:12). Jesus taught in Luke 11 that when a spirit is cast out it can go find 7 others more wicked, come back into the person that was delivered because his "house" was empty. We need to have the Holy Spirit fill our house so that there is no space for demons to come back. Otherwise, we can create a bigger problem for a non-believer by kicking a demon out only for it to come back worse later.

What if the unclean spirit is not coming out?

The basics of deliverance are: accepting Jesus as Lord and Savior, Repenting, Renouncing and Forgiving. These four areas break the legal right of evil spirits to demonize a person, and they need to leave when you command them out using the name and authority of Jesus. However, some demons are more stubborn than others. If it's obvious there is still a spirit present and you have done all the basics, there are other things you can do. Remember though, some spirits are more stubborn than others, and will try to wait it out or test your resolve, so continue to put pressure on them. The 1st suggestion you can try after doing the basics is to ask Holy Spirit what to do next. A word of knowledge can make all the difference, for example un-forgiveness or un-repentance that was not seen earlier. A 2nd suggestion can be to have the person close their eyes while you lead them in a prayer to ask Holy Spirit to show them when (the spirit of fear, anger, lust, etc) 1st came in. This can help lead you to a specific incident to repent/forgive, and then declare the legal right is broken and cast the thing out. A 3rd suggestion is to "go where the pain is". For example, if a person has been wounded by another, they may be dealing with a wound or believing a lie. Ask the person to have Jesus take them back to the incident, experience the pain, ask Jesus to heal the pain, then forgive. Ask them to ask Holy Spirit if they believe a lie. Renounce the lie. Then go after kicking the demon out from behind the wound or lie. A 4th suggestion is to ask the spirit some questions which could lead you to get them out. For example, "what is your name", "why are you still here", "what is your legal right". Remember, in a revival setting where we are doing multiple deliverances at a time, you can also ask for help from one of the Leads if you feel stuck.

What about whether to allow manifesting during deliverance?

The goal is not to manifest but to get set free. However, we find that the person is more likely to get free if the spirits manifest. Unclean spirits like to hide. When they are exposed, they lose their grip. We tell the person getting delivered to let the manifestation come up. It can be attached to a feeling, behind a past memory of trauma, something moving in them, a voice in the mind or speaking through the person's mouth, physical pressure, pain, fear, visions, etc. When a spirit starts coming out, common manifestations are coughing, yawning, crying, shaking, breathing hard, gagging, and screaming. Some come out with very little manifestations like pressure or pain in the body that leaves when we continue to put pressure on it to leave. They can come out of the ear, head, nose, mouth or other body part.

Three reasons to stop manifestations:

- 1) The spirit is getting physically violent
- 2) The spirit is trying to hurt the person getting delivered
- 3) The spirit is manifesting for the sole purpose of getting attention.

How to stop a manifestation:

- 1) Command the spirit to stop. For example, "stop hurting her and come out", or "you will not cause her pain, now come out now".
- 2) You can bind the spirit. For example, "I bind you spirit of violence in the name of Jesus". "I ask the angels of the Lord Jesus to restrain you now in Jesus name".

- 3) You can call the "person" back if they have lost control. For example, "I want to speak to Jane, not the demon". "Jane come to."

Bible Examples of spirits manifesting when being cast out:

- 1) Mark 1:25 Jesus said to man with unclean spirit: "Be quiet, and come out of him!" 26 And when the unclean spirit had convulsed him and cried out with a loud voice, he came out of him.
- 2) Acts 8:6 says the multitudes with one accord heeded the things spoken by Philip, hearing and seeing the miracles which he did. 7 For unclean spirits, crying with a loud voice, came out of many who were possessed
- 3) Mark 9:26: When Jesus commanded an unclean spirit out of the "epileptic son", "the spirit cried out, convulsed him greatly, and came out of him."

Why is forgiving so important in step 5 "Breaking the Legal Right"

- 2Cor2:10-11 says to forgive, "lest Satan should take advantage of us; for we are not ignorant of his devices."
- Eph 4:26-27 says not to let the sun go down on your anger, giving place to the devil.
- In Matthew 18 Jesus teaches that if we do not forgive others, we will be delivered to the tormentors.
- Also in Matthew 6:15 the Bible says that if we do not forgive men their trespasses, neither will your Father forgive your trespasses.
- Forgiving others for their wrongs breaks the legal right of demons to torment us.

Should we try to talk with demons during deliverance:

- Our main approach is that since Jesus seldom talked with demons, we don't normally attempt to have conversations with them. Our main goal is to break the legal right then cast them out.
- Jesus did occasionally answer spirits to tell them to be quiet and come out, and He did speak with the spirit called legion, asking them what their name was. Luke 8 indicates that Jesus had already commanded legion to leave but the spirit talked back, begging Jesus not to cast him out. Jesus then spoke to him, getting more information by asking their name before sending them out. If we are having trouble getting a spirit out we do sometimes ask the spirit why they have not left, what their legal right is, or what their name is. Any of these three answers can be helpful in getting them out.
- We do sometimes have quick interactions when demons speak out like if they say something like, "I'm not coming out", we have said, "yes you are, in the name of Jesus come out". We've had them say, "you can't make me", and replied "that's true but Jesus can so in the name of Jesus come out." We've had demons say things like, "I will hurt her", and we've said back "in the name of Jesus you will not hurt her and you will come out now".
- Don't demons lie? They can. The devil is the father of lies. They can also tell the truth and usually when we seek information it's helpful in getting the person free. It's interesting to note that even though demons can lie, there is not one account in the New Testament where a demon lied when they spoke out. Often times in a believer they just want to leave and need someone to tell them to.